

# Friendship Snacks and Recipes

## Friendship Snack

### FRIENDSHIP SNACK MIX



#### Objectives

Children will enjoy making a friendship snack mix together.

#### Materials

- Assorted dried fruits: raisins, yogurt covered raisins, banana chips, dried apricot bits, dried cherries
- Assorted nuts (optional): peanuts, almonds, pecans, walnuts etc. (check for nuts allergies)
- Assorted mini-candies: M & Ms, gummy bears, chocolate chips, peanut butter chips etc.
- Assorted crackers and cereals: pretzels, Goldfish, Cheerios, Rice Chex etc.
- A large bowl
- A wooden spoon
- Small baggies or Dixie cups

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#### Directions:

Have each child bring in an item from the suggestions above to contribute towards a friendship snack. Let children add the items they brought to the bowl one at a time. Give each child an opportunity to mix everything gently with the wooden spoon. Divide the mix into small baggies or Dixie cups to take on a friendship nature walk or eat at snack tables.